LIVERPOOL HARRIERS & AC

TOM O'MAHONEY MEMORIAL
OPEN TRACK MEETING

- **Date:** **SUNDAY 11th APRIL 2010**
- **Venue:** Wavertree Athletics Centre, Liverpool
- **Time:** **First event – 2.30pm**

U17 , JUNIOR & SENIOR TRACK EVENTS only
100m, 200m, 300m/400m, 800m, 1 MILE & 3000m
Sprint Hurdles & 300m H/400m H

NB ALL FIELD EVENTS will take place as part of
The Jumps & Throws Meeting on Saturday 17th April 2010
(Details from ronniebomba@mersinet.co.uk)

Name: _____

Address: _____

_____

Tel: _____ Email_____

Athletics Club (If in one) _____

PLEASE TICK THE EVENTS YOU WISH TO ENTER

U17 JUNIORS SENIORS

100m ☐ **200m** ☐ **300m/400m** ☐ **800m** ☐ **1 mile** ☐ **3000m** ☐

SPR HURDLES ☐ **300mH / 400mH** ☐

FEES plus £1 extra per event for entry on the day

- £2 (one event) ☐
- £3.50 (2 events) ☐
- £5.00 (3 events) ☐

Cheques made payable to:
LIVERPOOL HARRIERS & AC

Pre - Entries to: Mike Dooling, 19 Mooreway, Rainhill, Prescot, L35 6PD
micheal.dooling@sky.com **by Wednesday 7th April, 2010**

To Enter online visit www.merseysideathletics.org website